Guildford Swimming Timetable 2026

MON	TUE	WED	THUR	FRI	Sat	SUN
Public Swimming 06:00 - 16:15 18:00 - 21:30	Public Swimming 06:00 - 18:30 19:15 - 21:30	Public Swimming 06:00 - 10:45 11:30 - 16:15 17:45 - 21:30	Public Swimming 06:00 - 9:30 11:30 - 16:15 18:05 - 19:35 20:15 - 21:30	Public Swimming 06:00 - 09:00 09:45 - 10:15 11:45 - 20:30	Public Swimming 07:00 - 18:30	Public Swimming 09:00 - 18:30
Cold Plunge, Sauna & Steam* 06:00 - 21:30	Cold Plunge, Sauna & Steam* 06:00 - 18:30 19:15 - 21:30	Cold Plunge, Sauna & Steam* 06:00 - 10:45 11:30 - 21:30	Cold Plunge, Sauna & Steam* 06:00 - 19:35 20:20 - 21:30	Cold Plunge, Sauna & Steam* 06:00 - 09:00 09:45 - 20:30	Cold Plunge, Sauna & Steam* 07:00 - 18:30	Cold Plunge, Sauna & Steam* 07:30 - 18:30
			Swim School Adult & Baby 09:30 - 10:00	Aqua 09:00 - 09:45		
			Swim School Adult & Toddler 10:00 - 10:30	Swim School Adult & Child 10:15 - 10:45		
		Aqua 10:45 - 11:30	Swim School Adult & Child 10:30 - 11:00	Swim School Adult & Toddler 10:45 - 11:15		
			Swim School Preschool 11:00 - 11:30	Swim School Adult & Baby 11:15 - 11:45		
Swim School Stage 1 16:15 - 16:45		Swim School Stage 1 16:15 - 16:45	Swim School Stage 1 16:15 - 16:45			
Swim School Stage 3 16:45 - 17:15		Swim School Stage 2/3 16:45 - 17:15	Swim School Stage 2 16:45 - 17:15			
Swim School 1 - 1 17:15 - 17:35		Swim School Stage 5 17:15 - 17:45	Swim School Stage 4 17:15 - 17:35			
Swim School 1 - 1 17:35 - 17:55			Swim School 1 - 1 17:45 - 18:05			
	Aqua 18:30 - 19:15		Aqua 19:35 - 20:20			

*The pool is closed during Swim School. The Pool, Plunge, Sauna and Steam room are closed during Aqua classes.