

# Waterlooville Swimming Timetable

MON	TUE	WED		THUR	FRI	SAT	SUN
Adult Lane Swimming 08:00 - 09:15	Adult Lane Swimming 08:00 - 09:15	Adult Lane Swimming 08:00 - 09:15		Adult Lane Swimming 08:00 - 09:15	Adult Lane Swimming 08:00 - 09:15	'Hire a Lane' 08:00 - 09:30	Adult Lane Swimming & 'Hire a Lane' 08:00 - 09:30
Aqua Fit 09:30 - 10:15	Senior Swim 09:30 - 10:30	Aqua Fit 09:30 - 10:15		Public Swimming with lanes 09:30 - 13:00	Aqua Fit 09:15 - 10:00	Adult Lane Swimming 4 Lanes 09:30- 11:00	Public Swimming with Lanes 09:30- 11:00
Aqua and Public Swimming 10:30 - 11:15	Public Swimming with lanes 10:45 - 13:15	LTCS 10:30 - 11:30	Public Swimming with lanes 10:30 - 15:30	Swim Fit 13.00 - 13.45	SEN Only Swimming 10:40 - 11:50	Family Float 11:30 - 12:45	Family Float 11:30 - 12:45
					Adult Lane Swimming 12:00 - 13:00	Public Swimming 13:00 - 14:00	Splash Pool 12:00 - 16:00 (1hr sessions)
Adult Lane Swimming 11:30 - 13:00					Public Swimming 13:00 - 15:00		Public Swimming 13:00 - 14:00
Public Swimming shared 13:15 - 15:15						Family Float 14:15 - 15:30	Family Float 14:15 - 15:30
							Public Swimming 16:00 - 18:45
	Aqua Fit 19:10 - 19:55			Aqua Fit 19:00 - 19:45			
	Adult Lane Swimming 20:00 - 21:00			Adult Lane Swimming 20:00 - 21:00			

Our public swimming timetable shows the times when the pool is open for general swimming, whether you're visiting with a membership or on a pay-as-you-go basis. For details on swim school sessions and partner-run swimming programmes, please visit our website for the most up-to-date information.