

Waterloo Swimming Timetable

Horizon

| MON | TUE | WED | THUR | FRI | SAT | SUN |
|--------------------------------------|--|--|--|-----------------------------------|--|---|
| Adult Lane Swimming 08:00 - 09:15 | Adult Lane Swimming 08:00 - 09:15 | Adult Lane Swimming 08:00 - 09:15 | Adult Lane Swimming 08:00 - 09:15 | Adult Lane Swimming 08:00 - 09:15 | 'Hire a Lane' 08:00 - 09:30 | Adult Lane Swimming & 'Hire a Lane' 08:00 - 09:30 |
| Aqua Fit 09:30 - 10:15 | Senior Swim 09:30 - 10:30 | Aqua Fit 09:30 - 10:15 | Public Swimming with lanes 09:30 - 13:45 | Aqua Fit 09:15 - 10:00 | Adult Lane Swimming 4 Lanes 09:30- 11:00 | Public Swimming with Lanes 09:30- 11:00 |
| Aqua Fit 10:30 - 11:15 | Public Swimming with lanes 10:45 - 13:15 | Public Swimming with lanes 10:30 - 15:30 | Swim Fit 13.00 - 13.45 | SEN Only Swimming 10:40 - 11:50 | Family Float 11:30 - 12:45 | Family Float 11:30 - 12:45 |
| | | | | Adult Lane Swimming 12.00 - 13:00 | Public Swimming 13:00 - 14:00 | Public Swimming 13:00 - 14:00 |
| Adult Lane Swimming 11:30 - 13:00 | | | | | | |
| Public Swimming shared 13:15 - 15:15 | | | | | Family Float 14:15 - 15:30 | Family Float 14:15 - 15:30 |
| | | | | | | Public Swimming 16:00 - 18:45 |
| | Aqua Fit 19:10 - 19:55 | | Aqua Fit 19:00 - 19:45 | | | |
| | Adult Lane Swimming 20:00 - 21:00 | | Adult Lane Swimming 20:00 - 21:00 | | | |

Our public swimming timetable shows the times when the pool is open for general swimming, whether you're visiting with a membership or on a pay-as-you-go basis. For details on swim school sessions and partner-run swimming programmes, please visit our website for the most up-to-date information.