



## Havant Class Timetable

Christmas 2025



-Horizon-



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Christmas 2025



Horizon

MON 29th 6AM- 4PM	TUES 30th 6AM- 4PM	WED 31st 6AM- 4PM	THUR 1st CLOSED	Fri 2nd 6AM-9PM	SAT 3rd 7.30AM-9PM	SUN 4th 7.30AM-9PM
Body Pump 9.15am	Body Balance 7am	Performance ride 6.45am				
Pilates 9.15am	Shapes 8am	Pilates for life 8.30am				
Virtual RPM 9.30am	Body Combat 9am	Body Balance 9.30am				
10am Yoga	Cycle 9.30am	Strength & Tone 10.30am				
Virtual Sprint 12.15pm	Waterworks 9.30am	Pilates 10.30am				
	Virtual Sprint 12.15pm	Over 50s 11.30am				
	Virtual RPM 1.30pm	Virtual RPM 12.15pm				

All classes  
back to  
normal from  
the 2nd of  
January  
2026

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