

Guildford Swimming Timetable



MON	TUE	WED	THUR	FRI	SAT	SUN
Public Swimming* 06:00 - 21:30	Public Swimming* 06:00 - 21:30	Public Swimming* 06:00 - 21:30	Public Swimming* 06:00 - 21:30	Public Swimming* 06:00 - 20:30	Public Swimming* 09:00 - 17:00	Public Swimming* 09:00 - 17:00
Plunge Pool, Sauna & Steam* 06:00 - 21:30	Plunge Pool, Sauna & Steam* 06:00 - 21:30	Plunge Pool, Sauna & Steam* 06:00 - 21:30	Plunge Pool, Sauna & Steam* 06:00 - 21:30	Plunge Pool, Sauna & Steam* 06:00 - 20:30	Plunge Pool, Sauna & Steam* 07:30 - 20:30	Plunge Pool, Sauna & Steam* 07:30 - 20:30
			Swim School Adult & Baby 09:30 - 10:00	Aqua 09:00 - 09:45		
			Swim School Adult & Toddler 10:00 - 10:30	Swim School Adult & Child 10:15 - 10:45		
		Aqua 10:45 - 11:30	Swim School Adult & Child 10:30 - 11:00	Swim School Adult & Toddler 10:45 - 11:15		
			Swim School Pre School 11:00 - 11:30	Swim School Adult & Baby 11:15 - 11:45		
Swim School Stage 1 16:15 - 16:45		Swim School Stage 1 16:15 - 16:45	Swim School Stage 1 16:15 - 16:45			
Swim School Stage 3 16:45 - 17:15		Swim School Stage 2/3 16:45 - 17:15	Swim School Stage 2 16:45 - 17:15			
Swim School One to One 17:15 - 17:35		Swim School Stage 5 17:15 - 17:45	Swim School Stage 4 17:15 - 17:35			
Swim School One to One 17:35 - 17:55			Swim School One to One 17:45 - 18:05			
	Aqua 18:30 - 19:15		Aqua 19:35 - 20:15			

*The pool is closed during Swim School. The pool, plunge, sauna and steam room are closed during Aqua classes.