

THRIVE & Family Timetable

Waterlooville Leisure Centre

MON	TUE	WED	THUR	FRI	SAT	SUN
Junior Gym 16.00-18.00 10+Year Olds	Junior Gym 16.00-18.00 10+Year Olds	Junior Gym 16.00-18.00 10+Year Olds	Junior Gym 16.00-18.00 10+Year Olds	Junior Gym 16.00-18.00 10+Year Olds	Junior Gym 10.00-12.00 14.00-16.00 10+ Year Olds	Junior Gym 10.00-12.00 14.00-16.00 10+ Year Olds
		Dodgeball 16.00 - 16.45 5-15 Year Olds	Family Boxercise 16.00 - 16.45 8+ Year Olds	Family Racket Sports 16.00 - 16.45 8+ Year Olds		Family Non Contact Boxing 11.30 - 12.15 5+ Year Olds
		Boccia Club 16:45 - 17:30 5-15 Year Olds	Scooter Club 16.45 - 17.30 5-11 Year Olds	Family Non Contact Boxing 16.45 - 17.30 5+ Year Olds		Family Racket Sports 12.15 - 13.00 8+ Year Olds
		8 Ball Pool Club 17:30 - 18:15 8+ Year Olds	Hangout Youth Club 17.30 - 19.00 8+ Year Olds	Hangout Youth Club 17.30 - 19.00 8+ Year Olds		Dodgeball 13.00 - 13.45 5+ Year Olds
				Hangout Youth Club 19.00 - 20.00 11+ Year Olds		

Information For Parents:

- All sessions are taught by our THRIVE coaches
- You can book through the Horizon app, our website, at reception or by phone
- For family sessions: parent members attend for FREE, while non-member parents/adults can pay on the day
- You have the option to drop off your children or stay and watch(except junior gym)
- Why not book multiple sessions in one day!