



# Havant Class Timetable



## Christmas 2024

MON 23rd	TUE 24th	WED 25th	THUR 26th	FRI 27th	SAT 28th	SUN 29th
<b>6AM - 10.30PM</b>	<b>6AM- 4PM</b>	<b>CLOSED</b>	<b>CLOSED</b>	<b>6AM- 4PM</b>	<b>7.30AM- 4PM</b>	<b>7.30AM - 4PM</b>
9.15 - 10.15 Body Pump Studio 1	6.45-7.30 Virtual RPM Cycle Studio	M	C	6.45 - 7.15 Virtual Sprint Cycle Studio	8.15 - 8.45 Virtual Sprint Cycle Studio	8.00 - 8.30 Virtual Sprint Cycle Studio
9.15 - 10.15 Pilates Studio 2	7.00 - 7.45 Body Balance Studio 2	E	H	8.00 - 8.30 Virtual RPM Cycle Studio	8.15 - 9.15 Body Pump Studio 1	9.00 - 10.00 Legs, Bums & Tums Studio 1
9.30 - 10.15 RPM Cycle Studio	8.00 - 8.45 Pilates for Life Studio 2	R	R	8.30 - 9.15 Pilates for Life Studio 2	9.00 - 10.00 RPM Cycle Studio	10.15 - 11.00 Virtual RPM Cycle Studio
10.15 - 11.30 Yoga Flow Studio 2	8.00 - 8.30 Virtual Sprint Cycle Studio	R	I	9.30 - 10.15 RPM Cycle Studio	9.30 - 10.30 Body Combat Studio 1	
12.15 - 12.45 Virtual Sprint Cycle Studio	9.00 - 10.00 Pilates Studio 2	R	S	9.30 - 10.15 Aqua Pool		
17.00 - 17.45 Virtual RPM Cycle Studio	9.30 - 10.15 Waterworks Pool	Y	T	9.30 - 10.30 Body Balance Studio 2		
18.00 - 18.45 RPM Cycle Studio	9.30 - 10.15 Virtual RPM Cycle Studio		M	10.30 - 11.30 Yoga Flow Studio 2		
18.35 - 19.35 Body Pump Studio 1	12.15 - 12.45 Virtual Sprint Cycle Studio		A	12.15 - 12.45 Virtual Sprint Cycle Studio		
18.50 - 19.50 Yoga Studio 2	13.00 - 13.30 Virtual RPM Cycle Studio		S	13.00 - 13.30 Virtual RPM Cycle Studio		



# Havant Class Timetable



## Christmas 2024

MON 30th	TUE 31st	WED 1st	THUR 2nd	FRI 3rd	SAT 4th	SUN 5th
<b>6AM - 10.30PM</b>	<b>6AM- 4PM</b>	<b>CLOSED</b>	<b>6AM- 10.30PM</b>	<b>6AM- 10.30PM</b>	<b>7.30AM- 9.30PM</b>	<b>7.30AM- 9.30PM</b>
9.15 - 10.15 Body Pump Studio 1	6.45-7.30 Virtual RPM Cycle Studio	N	7.00 - 7.30 Virtual RPM Cycle Studio	6.45 - 7.15 Virtual Sprint Cycle Studio	8.15 - 8.45 Virtual Sprint Cycle Studio	8.00 - 8.30 Virtual Sprint Cycle Studio
9.15 - 10.15 Pilates Studio 2	8.00 - 8.30 Virtual Sprint Cycle Studio	E	8.00 - 8.45 Body Balance Studio 2	8.00 - 8.30 Virtual RPM Cycle Studio	8.15 - 9.15 Body Pump Studio 1	9.00 - 10.00 LBT Studio 1
9.30 - 10.15 Virtual RPM Cycle Studio	8.30 - 9.15 Pilates Studio 2	W	8.00 - 8.30 Virtual Sprint Cycle Studio	8.30 - 9.15 Pilates for Life Studio 2	9.00 - 10.00 RPM Cycle Studio	10.15 - 11.00 Virtual RPM Cycle Studio
10.15 - 11.30 Yoga Flow Studio 2	9.30 - 10.15 Waterworks Pool		8.50 - 9.35 Pilates Studio 2	9.30 - 10.15 RPM Cycle Studio	9.30 - 10.30 Body Combat Studio 1	
12.15 - 12.45 Virtual Sprint Cycle Studio	9.30 - 10.15 Virtual RPM Cycle Studio		9.30 - 10.15 Virtual RPM Cycle Studio	9.30 - 10.15 Aqua Pool		
	12.15 - 12.45 Virtual Sprint Cycle Studio	Y	9.40 - 10.25 Body Combat Studio 1	9.30 - 10.30 Body Balance Studio 2		
H	13.00 - 13.30 Virtual RPM Cycle Studio	E	10.00 - 11.15 Yoga Flow Studio 2	9.30 - 10.30 Body Combat Studio 1		
A		A	10.30 - 11.30 Body Pump Studio 1	10.30 - 11.30 Yoga Flow Studio 2		
P		R	12.15 - 13.00 Virtual Trip Cycle Studio	11.00 - 11.45 Dance Cardio Studio 1		
P		S	18.00 - 18.45 Body Balance Studio 2	12.15 - 12.45 Virtual Sprint Cycle Studio		
Y			18.00 - 19.00 Body Pump Studio 1	13.00 - 13.30 Virtual RPM Cycle Studio		
			18.30 - 19.15 Cycle Cycle Studio	18.30 - 19.15 Body Pump Studio 1		
			18.45 - 19.30 Hatha Yoga Studio 1			