

## **Gymnastics and Trampolining Timetable**

| MON   | TUE  | WED  | THUR   | FRI   | SAT   | SUN   |
|---|--|--|--|---|---|---|
|   | Adventure<br>Play<br>09.30 - 11:00<br>0-4 Year Olds      | Pre-School<br>Bounce<br>09:30 - 11:00<br>2-4 Year Olds | Adventure<br>Play<br>09.30 - 11:00<br>0-4 Year Olds      |   | Gymnastics<br>09:00 - 10:00<br>4-7 Year Olds            | Trampolining<br>10:30 - 11:30<br>4-8 Year Olds  |
|   | Pre-School<br>Gymnastics<br>11:15-12:00<br>2-4 Year Olds |  | Pre-School<br>Gymnastics<br>11:15-12:00<br>2-4 Year Olds |   | Gymnastics<br>10:00 - 11:00<br>7-12 Year Olds           | Trampolining<br>11:30 - 12:30<br>8-15 Year Olds |
|   |  |  |  |   | Gymnastics<br>11:00-13:00<br>Advanced<br>Trial Required |   |
| Gymnastics<br>16:00 - 17:00<br>4-7 Year Olds              | Trampolining<br>16:00 - 17:00<br>4-8 Year Olds           | Trampolining<br>16:00 - 17:00<br>4-8 Year Olds         | Gymnastics<br>16:00 - 17:00<br>4-7 Year Olds             | Gymnastics<br>16:00 - 17:00<br>4-7 Year Olds  |   |   |
| Gymnastics<br>5pm-6pm<br>7-12 Year Olds                   | Trampolining<br>17:00 - 18:00<br>8-15 Year Olds          | Trampolining<br>17:00 - 18:00<br>8-10 Year Olds        | Gymnastics<br>17:00 - 18:00<br>7-12 Year Olds            | Gymnastics<br>17:00 - 18:00<br>7-12 Year Olds |   |   |
| Gymnastics<br>6pm - 7pm<br>Intermediate<br>Trial Required | Trampolining<br>18:00 - 19:00<br>Adults 16+              | Trampolining<br>18:00 - 19:00<br>10-12 Year Olds       |  |   |   |   |
|   |  | Trampolining<br>19:00- 20:00<br>12-15<br>Year Olds     |  |   |   |   |